

Call For Supplies



Call For Art Supplies

This year when the pandemic hit, the Power of Art programming went virtual and with it came the challenge of art supply availability. It soon became apparent many of our families did not have the needed supplies at home or even the resources to afford purchasing art supplies at that time.

With the continued help of volunteers and donations from our Barnstone community we were able to supply kids with much needed art supplies during the quarantine and through our virtual summer programming.

As our virtual learning platform continues this fall we are still in need of funding and art supply donations. At Barnstone Art For Kids we know "it takes a village" and in times of need our creative community always comes through.

Please consider a donation of \$50 to provide one child art supplies for the Power of Art and Emerging Voices programs this fall. Or visit our Amazon wish page www.amazon.com/wishlist/3N9C00L650IP?ref=wl_share for specific supplies needed to support Barnstone Art For Kids programming. Your donations will support kids as they continue to heal, cope and grow during the pandemic.

BARNSTONE NEWS



Creative Quarantine

COVER:
Creative Quarantine

Our Mission:

Using the Power of Art to foster
resiliency in children facing adversity



| 2 |

September 2020

Creative Quarantine | 2 |

Trama Informed PA | 2 |

Our Virtual Barn | 4 |

Mentor Spotlight | 5 |

Call for Art Supplies | 6 |



**Barnstone
Art For
Kids**

Sean Halloran
Executive Director

Lisa Katarynick
Director of Programming

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Directors**

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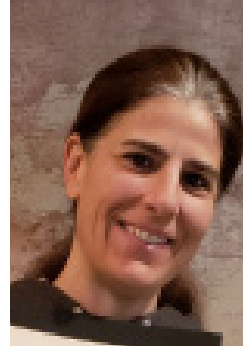
Lynn Detwiler *Founder*



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Mentor Spotlight



**Elaina "Lainy"
Mastromarco Harris**
*Volunteer Mentor
First Year
Power of Art*

What creative things have you been making during the quarantine?

I actually had a lot of fun during quarantine getting back to the things I loved as a kid. My husband and I made A LOT of puzzles and played board games, which was fun and relaxing. But most of all I worked on some exciting projects with the Barnstone crew via Zoom. We made clay birds, dream catchers and painted some really cool rocks. This inspired me to pull out my old sketch book and start drawing again!

What has been your favorite quarantine activity?

Besides binge watching my favorite Netflix shows and getting caught up on reading my science fiction books about vampires and witches, my favorite activity was hiking. Getting outside into the fresh air and hearing the sounds of nature is always the best medicine to soothe your soul.

What do you miss most about not being at Barnstone? I bet it's Mr. Sean's jokes!

Who wouldn't miss Mr. Sean's jokes?! But what I miss the most is the social interactions and hanging out with the kids. The highlight of my week was seeing the excitement on their faces to start our art projects. I really enjoyed talking to them about their day and how they were feeling.

How Can I Help?

\$1000

*Develops
one On the Go
remote location*

\$500

*Provides
Summer Session
for 20+ children*

\$250

*Pairs a mentor
with a child in the
Power of Art*

\$100

*Administers
training for new
one to one
mentors*

\$50

*Provides one bag
of art supplies for a
child during in our
virtual quarantine
programs*

\$20

*Supports
Barnstone
Art for Kids*

Other Ways to Give

Volunteer as a Mentor

Contact Lisa@barnstoneartforkids.org

Donate Supplies

paper towel rolls, egg & milk cartons, plastic containers and bottles, boxes, etc!

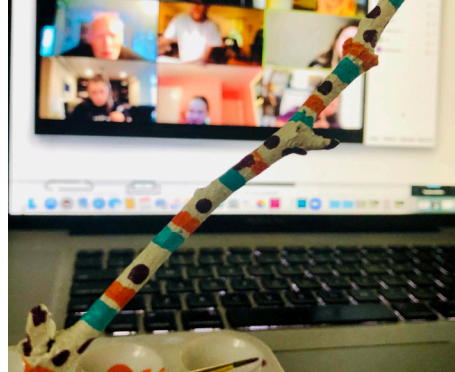
Amazon Wish List

Visit our Amazon wish page for specific supplies needed to support Barnstone Art For Kids programming. Your donations will support kids as they continue to heal, cope and grow during the pandemic.

www.amazon.com/hz/wishlist/ls/3N9CO0L65OIP?ref_=wl_share

For Leadership Circle Donation inquiries at the \$2500-5000 level
contact: Sean@barnstoneartforkids.org

Barnstone Art for Kids provides programs to children in need of healing at no cost to the family. Barnstone Art for Kids is funded through the generosity of individual donors with Foundation support. A copy the official registration and financial information for Barnstone Art for Kids may be obtained by calling the PA Department of State at 1-800-732-0900. EIN 38-3872177.



Our Virtual Summer Workshops!

Barnstone Blossoms in Summer 2020

Summer temperatures and COVID may have kept us indoors and at home this year, but that didn't stop our creativity from blooming! As we heard from countless partners and parents about cancellation of camps and typical Summer activities, we decided to expand our virtual programs' sessions! Lisa and Sean gathered up 8 full weeks of projects and got them into the hands of our nearly 20, young artists by curbside pickup and contactless deliveries. They responded by turning out amazing work each week, and creating connections and laughter along the way. Our Summer programs were also an opportunity for us to plan a fully virtual program. A chance to adjust our projects further and experiment with our demonstrations, the use of technology, and the inclusion and role of our wonderful Mentors. Bring on the Fall!



Virtual IS the Reality at the Barn This Fall

Working online presents both challenges AND opportunities for all of us these days. This Fall our programs will have the ability to include more engaging visual demonstrations and tutorials for the kids' projects. We have also been able to better incorporate our Mentors into the sessions. A core belief at Barnstone is that the Mentor-Artist connection is an essential ingredient in facilitating and nurturing Resilience. While online interaction may seem like an obstacle, our Mentors are thinking creatively about engaging the kids, and making sure they hear and feel our support! As we hand off our art supply kits and send out our Zoom invites, we are confident that our kids will flourish in this new reality!



Sean Halloran

*Executive Director
Barnstone Art For Kids*



September 2020

Dear Friends,

My fiancée and I take a walk around our neighborhood almost every evening these days. It's a chance to move after dinner, and gives us thirty minutes of uninterrupted time to talk, or be silent together. Its also an opportunity to take in some of the lovely gardens and yards in Phoenixville! As we walk, I often reflect on my neighbors, and wonder how they are coping with everything going on in the world. I wonder how they are processing the recent news of civil unrest in our country. How are they handling the quarantine and their kid's schooling, or their jobs (if they've still got one)? There is an overwhelming amount of change



happening around us, and it seems like we are in for more going forward. I believe we all have a role in caring for ourselves, but also for those around us who might be struggling. It is part of being a neighbor and part of a community. Barnstone Art for Kids has a responsibility to be a source of good for our community, and we take our call to service very seriously. The pandemic has certainly provided many challenges. We have had to make some big changes, and we will share some of those details in this issue. As I process Barnstone's present and cast an eye toward the future I feel grateful and hopeful. Our Board of Directors is amazing, and we are planning furiously to meet the challenges ahead, and remain a source of healing for our kids. Read on to hear about our Summer programs and some of the cool stuff that our artists have done. We hope that you'll continue to follow our progress and get involved. In the meantime, get out there for a socially-distanced walk, and say hi to your neighbors along the way!

Yours in service,
Sean



Keeping a Sketchbook: An Artist's Plan for Self Care

One of our greatest challenges since the onset of the pandemic has been translating our projects and programs in the virtual world. We moved quickly and managed to move things onto Zoom, and have been adjusting our projects and conversations ever since. We wanted to encourage our teen artists to incorporate art-making into their daily lives, and not just while we were online together. In this moment, we had some good karma coming our way, and were introduced to our new friend Becky.

Becky Rutherford is an artist and educator who has taught and worked locally at the Camphill School for over 25 years. Her work is founded in the belief that art-making is an intrinsically healing process. She has taught and worked all over the world. Becky agreed to join with Barnstone as a visiting artist for our teen program, Emerging Voices. Becky's presentation, "The Who, What, Where, Why, and How of Sketchbooking" was a hit. She introduced our artists to the practice of keeping a daily sketchbook, and shared examples from her own books. Her practice included beautiful drawings, but were also a peek into her daily life. She drew and wrote about the things happening around her, and her experiences of the world. Together we discussed how making art daily is a truly reflective, satisfying and healing act. Barnstone is so lucky to have such amazing friends, and we are grateful to Becky for this wonderful presentation!

Make Art with Friends and Save the Post Office!

We know a great project when we see it! Lisa and Sean always have an eye out for nifty ideas from the interwebs. This project from Instagram, the USPS Art Project (@uspsartproject) was started back in April and has had thousands of participants. It's easy to get involved: First, pick out one of your artsy friends. Next, you and your friend start an artwork and mail it via USPS. Then simply finish the work sent to you. Finally, you can share photos of your work on their Instagram. Even if you choose not to post, what a wonderful way to keep in touch with friends while maintaining social distancing, AND support our great Postal Workers!

Pennsylvania Moves Toward Being More Trauma-Informed

Governor Wolf has recently announced that our state is moving closer to incorporating trauma-informed thinking in its planning and operations. The work was highlighted in an article from our friends at ACEs Connection.

The plan focuses on six key areas (excerpted from www.acesconnection.com):

1. Ensuring that PA state culture is trauma-informed through universal training
2. Ensuring all state agencies' policies and practices are trauma-informed and more focused on prevention and healing
3. Mandating that all licensed and funded entities become trauma-informed
4. Building and supporting grass roots / community-based efforts to become trauma-informed in every part of the commonwealth
5. Recognizing and healing from the traumas of major crisis like COVID-19
6. Preventing and healing racial, communal and historical traumas, whether they be individual or systemic

This move will bring awareness and sensitivity to the myriad issues surrounding the impact of childhood trauma. The effort, through the state Office of Advocacy and Reform, is using many of the same resources that Barnstone uses to organize and think about this work. We are grateful for this effort, and look forward to seeing the results in our government services and funding priorities. You can read the full report at this link: https://www.scribd.com/document/470553274/2020-Trauma-Informed-PA-Plan?secret_password=AcWbQ2CvooqQQ8w20WZO



@uspsartproject



HOW TO START YOUR OWN USPS ART PROJECT!

1. FIND A PARTNER
2. BOTH START AN ARTWORK
3. MAIL THEM TO EACH OTHER
4. BE SAFE! DISINFECT!
5. FINISH THE ART SENT TO YOU
6. TAG @USPSARTPROJECT IN YOUR IMAGE & CAPTION & USE #USPSARTPROJECT #ARTISTSFORTHEUSPS
7. REPEAT AS OFTEN AS YOU LIKE!